

Human Services Program A.A.S. Degree

Generalist

Human Services is a creative, innovative field for persons who work with, and give support to, other human beings. Students learn through a combination of classroom work and on-site performances, spending time in human services facilities. In addition to time spent in the classroom, students spend 285 hours in hospitals, mental health centers, social service agencies, substance-abuse counseling sites and other facilities. Graduates take positions as mental health workers, drug and alcohol workers, psychiatric technicians, social service interviewers, community organizers and personnel counselors. While this program is not designed for transfer, many graduates may make smooth transitions to Bachelor's programs by working with their counselors and the members of the Human Services team.

Graduates of this program will be able to:

- Serve Human Services clients or carry out other supportive human service agency functions as a paraprofessional
- Explain the philosophical and knowledge base of the Human Services program
- Display a strong knowledge base and practical experience in delivery of human services to clients
- Explain the historical development of human services
- Discuss human systems - individual, group, family, organization, community, society - and their interaction
- Understand the conditions that promote or limit optimal human functioning
- Analyze a service problem, select appropriate strategies, services, or interventions, and evaluate outcomes
- Manage information and utilize data to support client services
- Intervene appropriately in human services matters
- Manage the service delivery system
- Apply the major human service ethics, values and attitudes
- Evaluate their own values, personalities, reaction patterns, interpersonal styles, and limitations

Requirements

General Education - 20 credits as described

on page 51 of the Catalog.

Career Studies - 33 credits as follows:

(Credit hours listed with each course)

PSYC 105 Introduction to Psychology I 3

PSYC 106 Introduction to Psychology II 3

PSYC 111 Introduction to Human Services 3

PSYC 208 Life Span Development 3

PSYC 209 Theories of Personality 3

OR

PSYC 245 Introduction to Quantitative 3
Methods

PSYC 212 Community Agencies and 3
Human Services Systems

PSYC 215 Counseling Techniques 3

PSYC 216 Abnormal Psychology 3

PSYC 235 Group Dynamics 3

PSYC 285 Human Services Practicum 3

CRJU 126 Introduction to Public 3
Administration

OR

CRJU 127 Introduction to Corrections 3
Electives 7

Social Services Academic
Credit Certificate of
Achievement

The Social Services Certificate is designed for students interested in pursuing a career in social services. Those earning a certificate will develop skills that will enable them to be competent and effective entry level social service workers. Department of Human Services (DHS) employees who complete recognized DHS training modules in one of the areas of: child protective services; mental health; or developmental disabilities will be given the opportunity to convert their training into academic credit and complete an academic certificate with additional course work.

Requirements

General Education - 12 credits as follows:

(Credit hours listed with each course)

ENGL 121 English Composition 3

The Writing Process

PSYC 105 Introduction to Psychology I 3

SOCI 101 Principles of Sociology 3

SPCH 115 Public Speaking 3
Career Studies - 15 credits as follows:
PSYC 215 Counseling Techniques 3
PSYC 295 Special Project - Psychology 6
SOC 295 Special Project - Sociology 6
Total Credits 27

Suggested Sequence - Human Services Program A.A.S.
Degree

The following sequence is an example of how this degree can be completed in two years. This sequence is based on satisfaction of all Basic Skills requirements and prerequisites and presumes a Fall Term start date. An individual's program may vary depending on transfer institution, career objectives, or individual needs. See your counselor for other options and to monitor your progress.

Course Code Credits Course Code Credits

SEMESTER 1 SEMESTER 2

PSYC 105 3 PSYC 106 3
PSYC 111 3 PSYC 212 3
ENGL 121 3 PSYC 215 3
SPCH 115 3 Humanities 3
SOC 101 or SOC 215 3 PSYC 208 3
15

SEMESTER 3 SEMESTER 4

General Education(1) 3 PSYC 209 or PSYC 245 3
PSYC 216 3 PSYC 285 3
PSYC 235 3 General Education 3
Mathematics or Science or 3-4 Elective 7
Technological or Information Literacy 16
CRJU 126 or CRJU 127 3
15-16

Total Credits for Degree 61-62

(1) One course is recommended from the Cultural & Global Awareness knowledge area.

Programs of Study 111

Human

Services

Program

A.A.S Degree

Addiction Studies

Option

Human Services is a creative, innovative field for persons who work with, and give support to, other human beings who are experiencing problems with addiction. Students may be able to earn college credits and certification credits simultaneously. The courses are in sequence

to provide a comprehensive approach to addiction studies. In addition to time spent in the classroom, students spend 285 hours in hospitals, mental health centers, social service agencies, substance-abuse counseling sites and other facilities. Graduates take positions as mental health workers, drug and alcohol workers, psychiatric technicians, social service interviewers, community organizers and personnel counselors. While this program is not designed for transfer, many graduates may make smooth transitions to Bachelor's programs by working with their counselors and the members of the Human Services team.

Graduates of this program will be able to:

- Serve Human Services clients or carry out other supportive human service agency functions as a paraprofessional
- Explain the philosophical and knowledge base of the Human Services program
- Display a strong knowledge base and practical experience in delivery of human services to clients
- Explain the historical development of human services
- Discuss human systems - individual, group, family, organization, community, society - and their interaction
- Understand the conditions that promote or limit optimal human functioning
- Analyze a service problem, select appropriate strategies, services, or interventions, and evaluate outcomes
- Manage information and utilize data to support client services
- Intervene appropriately in human services matters
- Manage the service delivery system
- Apply the major human service ethics, values and attitudes
- Evaluate their own values, personalities, reaction patterns, interpersonal styles, and limitations

- Utilize integrationist skills based on the Human Services model
- Apply interventions with individual clients and therapeutic groups as it relates to drug and alcohol addictions
- Demonstrate an understanding of cultural/ethnic factors of different populations
- Collect a variety of informational resources and synthesize them for use in projects

Requirements
General Education- 20 credits as described on page 51 of the Catalog.

Career Studies - 39 credits as follows:
(Credit hours listed with each course)

PSYC 106 Introduction to Psychology II 3

PSYC 111 Introduction to Human Services 3

PSYC 125 Intro to Addiction Studies 3

PSYC 127 Evaluation and Diagnosis of the Addicted Client 3

PSYC 208 Life Span Development 3

PSYC 212 Community Agencies and Human Services Systems 3

PSYC 215 Counseling Techniques 3

PSYC 216 Abnormal Psychology 3

PSYC 221 Individual Counseling for the Addicted Client 3

PSYC 222 Social, Cultural and Familial Aspects of Addiction 3

PSYC 235 Group Dynamics 3

PSYC 285 Human Services Practicum 3

SOCI 105 Intercultural Communication Electives 3

Suggested Sequence - Human Services Program A.A.S. Degree

Addiction Studies Option

The following sequence is an example of how this degree can be completed in two years. his sequence is based on satisfaction of all Basic Skills requirements and prerequisites and presumes a Fall Term start date. An individual's program may vary depending on transfer institution, career objectives, or individual needs. See your counselor for other options and to monitor your progress.

Course Code Credits Course Code Credits

SEMESTER 1 SEMESTER 2

PSYC 105 3 Mathematics or Science or 3-4

PSYC 111 3 Technological/Info Literacy

PSYC 125 3 PSYC 106 3

ENGL 121 3 PSYC 127 3
Humanities 3 PSYC 215 3
15 ENGL 122 3
15-16

SEMESTER 3 SEMESTER 4
General Education (1) 5 PSYC 222 3
PSYC 216 3 PSYC 285 3
PSYC 221 3 SOCI 105 3
PSYC 212 3 PSYC 208 3
PSYC 235 3 Electives 3
17 15

Total Credits for Degree 62-63

(1)One course is recommended from the Cultural and Global Awareness knowledge area.

Students who complete the suggested course sequence for the addictions option A.A.S. will have fulfilled the academic competencies of the CADC credential awarded by the state of New Jersey. Brookdale does not provide supervised Praxis hours for a CADC, nor does Brookdale award the CADC credential itself. Students may apply with the NJ Board of Consumer Affairs to have their BCC credits count for the totality of the CADC coursework requirements.

Students taking the courses listed below can apply to have their credits count toward the academic portion of the CADC credential with the department of consumer affairs, CADC division.

For more information go to the following web page:

<http://www.state.nj.us/lps/ca/medical/alcdrug.htm> > or call 973-504-6369

SOCI 105 PSYC 212
PSYC 105 PSYC 215
PSYC 106 PSYC 216
PSYC 111 PSYC 221
PSYC 125 PSYC 222
PSYC 127 PSYC 235
PSYC 208

112 Programs of Study
Human Services
Program
A.A.S Degree

Corrections Option

This option is designed to provide students in the Human Services field with basic skills for helping and empowering individuals who are experiencing problems related to the law and corrections. Particular emphasis is placed on preparing clients for successful reintegration into society as a functional, self-sufficient, law abiding citizens. Students are required to learn the fundamental principles and skills of human service work to foster personal empowerment and improve offenders' social skills. Students will learn how to assess individual needs, assist with the development of client goals and plans, and make appropriate referrals to services available in the community. Students are required to take the basic, core courses in human services, so that they attain the knowledge, skills, attitudes and values of a human services generalist. Their education will come from class work and on-site experiences (i.e., volunteer work, internships). Students are required to complete 225 hours of field work while successfully completing their courses. While this option is not designed for transfer, many of our students make smooth transitions to four-year colleges and universities. Successful completion of this option requires that students learn to efficiently and effectively work within the corrections system.

Graduates of this program will be able to:

- Serve clients as a paraprofessional
- Explain the philosophical knowledge base of Human Services work
- Display strong knowledge and practical experience of human services delivery
- Explain the historical development of human services
- Discuss human systems and their

interaction

- Understand the conditions that promote or limit optimal human functioning
- Analyze a service problem, select appropriate strategies, services, or interventions, and evaluate outcomes
- Manage information
- Apply major human services ethics, values and attitudes
- Evaluate their own values, personalities, reaction patterns, interpersonal styles and limitations

Requirements

General Education- 20 credits as described on page 51 of the Catalog.

Career Studies - 30 credits as follows:

(Credit hours listed with each course)

PSYC 106 Introduction to Psychology II 3

PSYC 111 Introduction to Human Services 3

PSYC 212 Community Agencies and Human 3

Services Systems

PSYC 215 Counseling Techniques 3

PSYC 216 Abnormal Psychology 3

PSYC 235 Group Dynamics 3

PSYC 285 Human Services Practicum 3

CRJU 101 Introduction to the Criminal 3

Justice System

CRJU 127 Introduction to Corrections 3

CRJU 205 Community Corrections 3

Career Studies - 6 credits from the following:

CRJU 245 Delinquency and Juvenile Justice 3

PSYC 125 Introduction to Addiction Studies 3

PSYC 127 Evaluation and Diagnosis of the 3

Addicted Client

PSYC 221 Individual Counseling for the 3

Addicted Client

PSYC 222 Social, Cultural, and Familial 3

Aspects of Addiction

SOCI 101 Principles of Sociology 3

SOCI 105 Intercultural Communications 3

SOCI 202 Analysis of Social Problems 3

Electives 4

Suggested Sequence - Human Services Program A.A.S.

Degree

Corrections Option

The following sequence is an example of how this degree can be completed in two

years. This sequence is based on satisfaction of all Basic Skills requirements and prerequisites and presumes a Fall Term start date. An individual's program may vary depending on transfer institution, career objectives, or individual needs. See your counselor for other options and to monitor your progress.

Course Code Credits Course Code Credits

SEMESTER 1 SEMESTER 2

PSYC 105 3 General Education 3

PSYC 111 3 PSYC 106 3

CRJU 101 3 CRJU 127 3

ENGL 121 3 PSYC 215 3

General Education (1) 3 SPCH 115 3

15

SEMESTER 3 SEMESTER 4

Mathematics or Science or 3-4 Career Studies 6

Technological or Information Literacy PSYC 285 3

PSYC 216 3 Humanities 3

CRJU 205 3 Electives 4

PSYC 212 3 16

PSYC 235 3

15-16

Total Credits for Degree 61-62

(1) One course is recommended from the Cultural & Global Awareness knowledge area.

Programs of Study 113